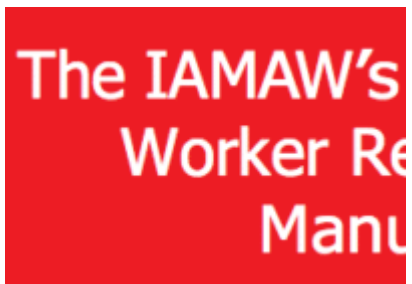


# Decisions & Choices: Layoff Resource Manual



Sisters and Brothers,

Understanding that the loss of a job will undoubtedly put great physical and emotional strain upon workers and their families, I want you to know that you are not alone. To get the help you may need, you must know where to find it

The IAM has created this manual to assist you if you have lost your job or are anticipating unemployment. I urge you to review its contents thoroughly, and take advantage of the resources available.

Additionally, each state has its own rapid-response entity. They exist to help those affected by layoffs, and are generally one-stop sources with access to job postings and other information.

By acting quickly, you will be helping yourself plan for a better future for your family.

Yours in solidarity,

Bob Martinez

IAM International President

[DOWNLOAD THE MANUAL HERE](#)